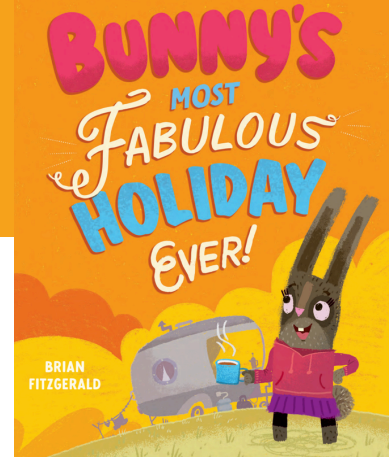


Bunny's Most Fabulous Holiday Ever!



Bunny's plans for a perfect holiday are wrecked by an unwelcome surprise holiday-maker who changes her life in a most colourful way.

'Bunny's Most Fabulous Holiday Ever!' is a hilarious and relatable tale about mistaken first impressions, and meanness which gives way to kindness as an enduring friendship develops between two of the most unlikely neighbours. There are lots of themes to explore, including: kindness, tolerance, understanding and harmony.

Valuing your own company

Bunny begins the story enjoying her own company and doing activities by herself. It is important to find ways to enjoy being on your own as well as enjoy time with friends. What are some activities you enjoy doing alone?



A kindness recipe

Being kind to others is an important way of showing compassion for others. Scientists have discovered that being kind to others helps to increase our own happiness levels.

Bunny learns that being kind to Bob makes her happier and she ends up having lots of fun with him. Look out for little acts of kindness that happen in your day - perhaps you asked a new friend to play with you...or someone smiled kindly at you? Maybe you held the door open for someone or told a funny joke?

You could turn these acts of kindness into a kindness recipe using the template below.

Create your own monster

Bunny likes to get away on her own, but this year she finds that a monster has set up camp...**RIGHT! NEXT! DOOR!** Imagine you met a monster on your travels:

- Where would you meet them?
- What would they look like?
- What adventures would you and your monster go on?



Spending time with friends



Bunny and Bob love to surf together, build sandcastles, play with rocks and meditate. What do you love to do with your friends?

Mindfulness Techniques

Bunny and Bob try meditating together. You could try some mindfulness techniques to help you wind down and relax:

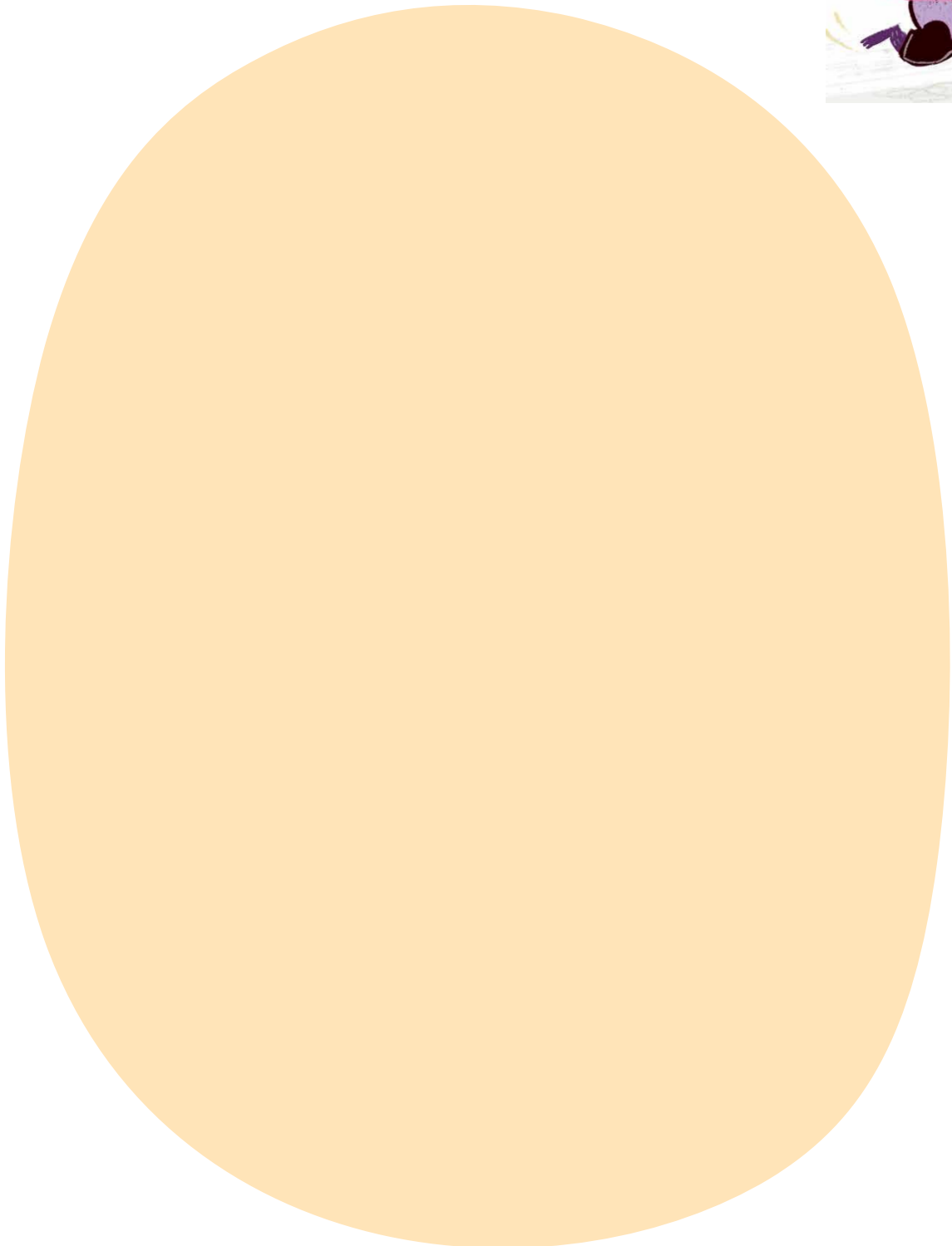
- Take deep breaths
- Look around you, acknowledge 5 things you can see and say them out loud
- Listen to your surroundings, what can you hear?
- Spend time in nature.



My Monster

Bunny likes to get away on her own, but this year she finds that a monster has set up camp...**RIGHT! NEXT! DOOR!** Imagine you met a monster on your travels and draw them below:

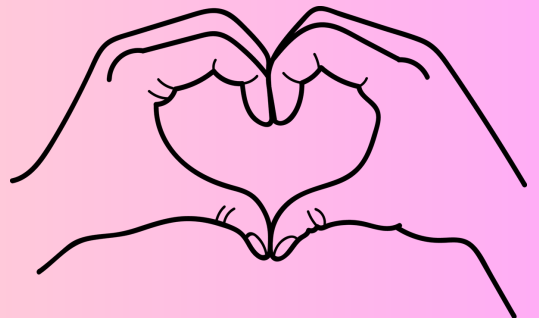
- Where would you meet them?
- What would they look like?
- What adventures would you and your monster go on?



A recipe for kindness

Here is an example to help you get started!

*Begin by adding a sprinkle of love,
Stir in a warm smile,
And a dash of please & thank you,
Lots of helping hands,
Before blending in some kind words,
Mix in many, many hugs,
Crumble in some jokes,
And don't forget caring for others,
This will create the perfect recipe for kindness.*



Jenny Guest is an independent educational consultant and writer alongside her role as an Assistant Headteacher in a large London primary school. She has been a primary school teacher for ages 3-11. Jenny is also an avid reader of children's literature and runs @bookishwaytoplay on Instagram, which aims to showcase and review the very best children's books, as well as create accompanying supportive learning activities for toddlers, preschool and primary school age children.

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